Mental Health Intensive Care Framework
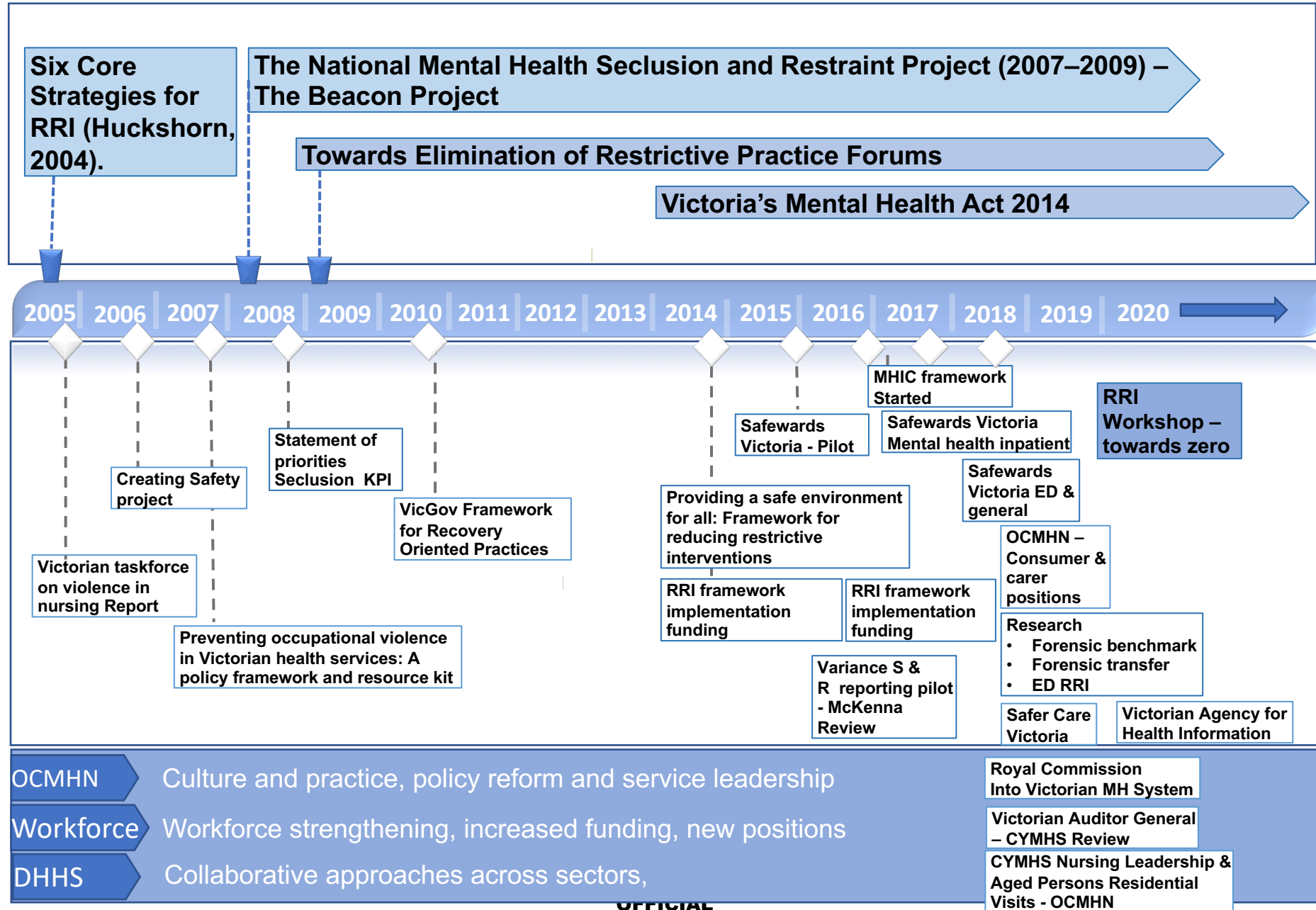## supporting safety and recovery

Office of the Chief Mental Health Nurse
Keir Saltmarsh, Frances Sanders & Shingai Mareya

VICTORIA State Government | Health and Human Services

- The *Mental health intensive care framework* represents a shift in our understandings of care and engagement when people are at their most vulnerable, moving from a culture of control to a culture of care.

- This work draws on the expertise of consumers, carers and clinicians through their experiences of current practices and a collective desire to move care beyond being about a space where symptoms are 'managed'.

- It is with genuine connection, interest and compassion that we promote human rights and recovery for all Victorians.

Towards eliminating restrictive interventions

Six Core Strategies for RRI (Huckshorn, 2004).

The National Mental Health Seclusion and Restraint Project (2007–2009) – The Beacon Project

Towards Elimination of Restrictive Practice Forums

Victoria's Mental Health Act 2014

2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020

MHIC framework Started

Safewards Victoria - Pilot

Safewards Victoria Mental health inpatient

RRI Workshop – towards zero

Statement of priorities Seclusion KPI

Safewards Victoria ED & general

Creating Safety project

Providing a safe environment for all: Framework for reducing restrictive interventions

OCMHN – Consumer & carer positions

VicGov Framework for Recovery Oriented Practices

Victorian taskforce on violence in nursing Report

RRI framework implementation funding

RRI framework implementation funding

Research
- **Forensic benchmark**
- **Forensic transfer**
- **ED RRI**

Preventing occupational violence in Victorian health services: A policy framework and resource kit

Variance S & R reporting pilot - McKenna Review

Safer Care Victoria

Victorian Agency for Health Information

OCMHN — Culture and practice, policy reform and service leadership

Workforce — Workforce strengthening, increased funding, new positions

DHHS — Collaborative approaches across sectors,

Royal Commission Into Victorian MH System

Victorian Auditor General – CYMHS Review

CYMHS Nursing Leadership & Aged Persons Residential Visits - OCMHN

Objectives of the framework

- Defining Mental Health Intensive Care as a specialist care type adapted to any care setting

- Focus on engagement and the needs of the person as the driver for clinical decision making

- Creating a platform of safety and planning comprising of consumers, carers, clinicians and the community

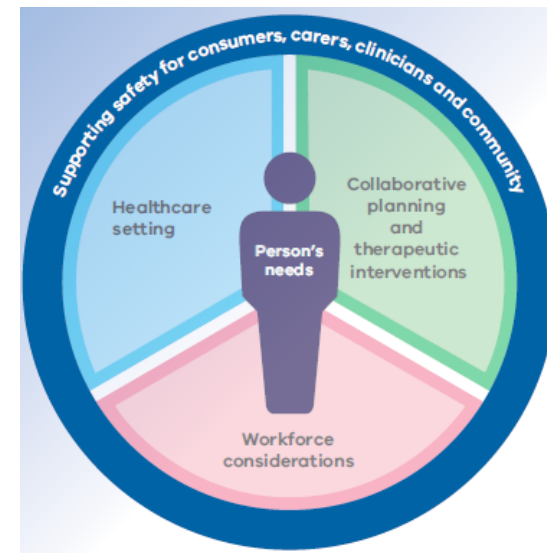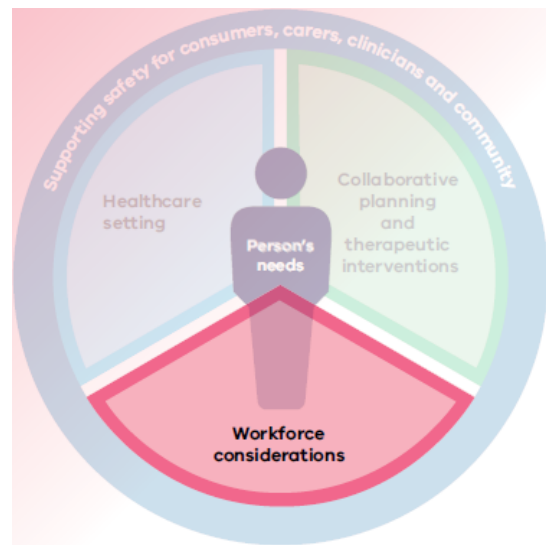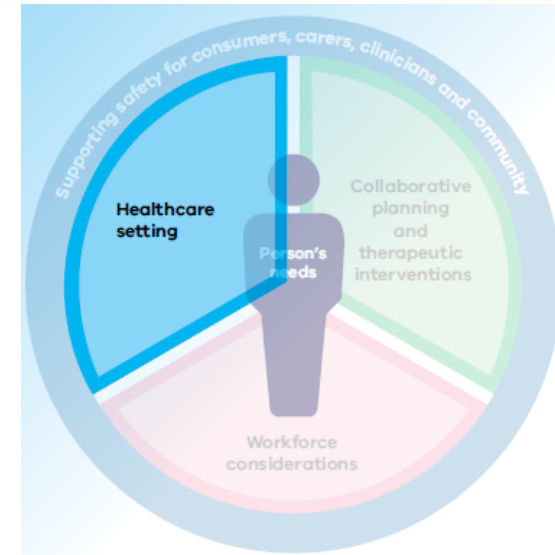- Advocating for dynamic and collaborative review and least restrictive care.
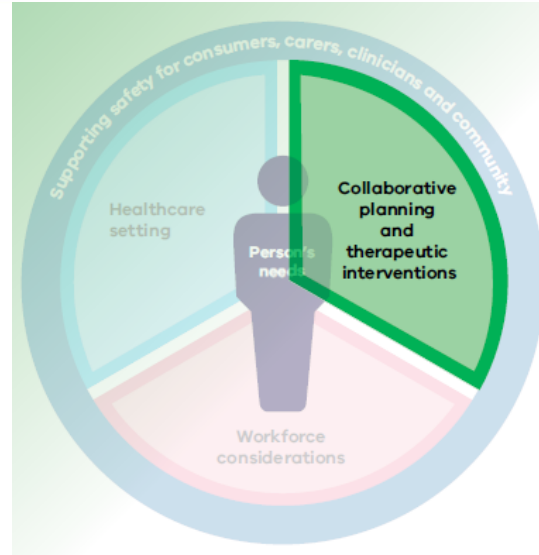
Framework orientation
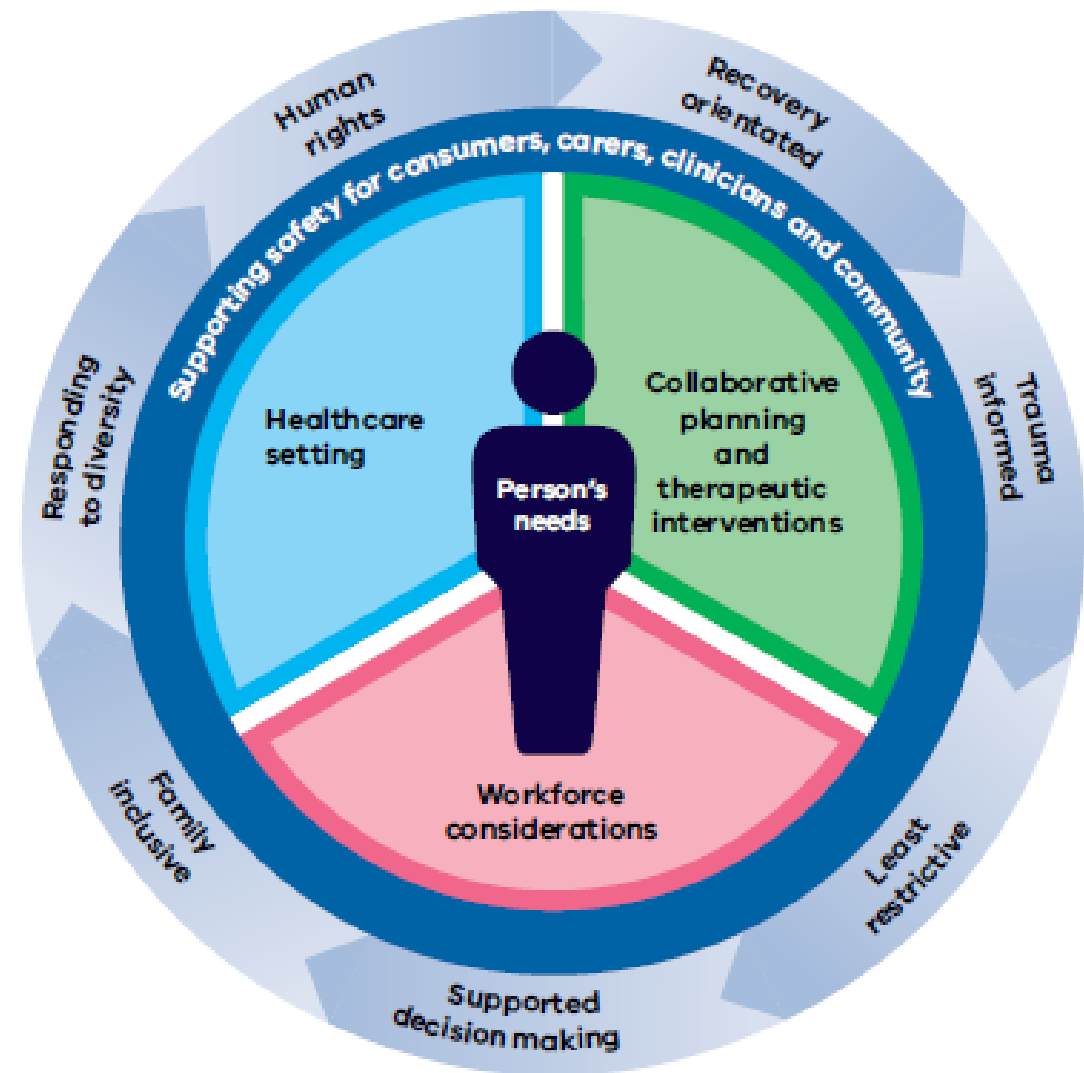
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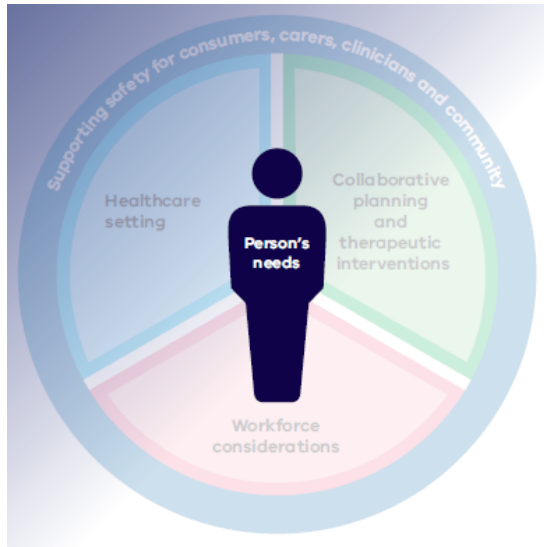
Contemporary Practice

Mental Health Intensive Care Pathway

https://vimeo.com/user59521914/review/402831366/9be3c17728
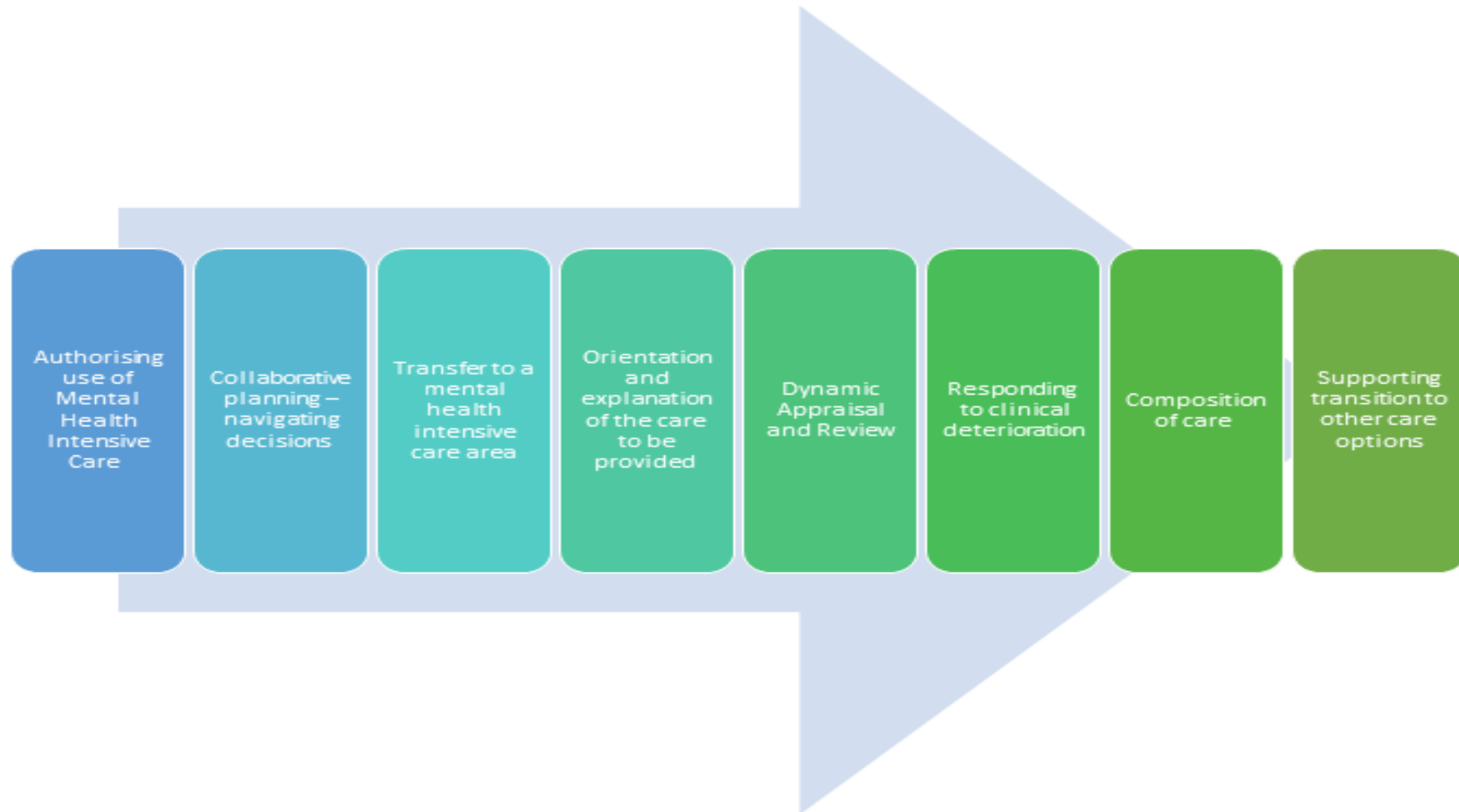
- **How could consumers, carers and clinicians work together in the implementation?**

- **What changes do you think consumers may experience with the implementation of this framework?**

- **What opportunities do you believe exist within the framework to partner with families and carers?**

- **How could your service support the implementation of this framework?**

RECOMMEND IMPLEMENTATION OF

6 CORE STRATEGIES TO SUPPORT MHIC

1. Leadership towards organisational change
2. Use of data to inform practice
3. Workforce development
4. Use of seclusion & restraint reduction tools
5. Consumer roles in inpatient settings
6. Debriefing techniques.

Facilitated group 2 – Safety for all

- **What does safety for all look like?**

- **What are some different dimensions of safety – and how would you apply the framework domain?**

- **Safety considers therapeutic milieu and the best environment for care, how could you enable shared input into planning?**

- **How would risk assessment and therapeutic engagement change with the adoption of this framework?**

- **The framework challenges the notion of low stimulus feeling safe.. Thoughts?**

Facilitated group 3 - Consumer led change

What would be your recommendations for services?

What would you hope intensive care to be like?

What supports and activities would you recommend services consider in a Mental health intensive care area?

Thank you

Please contact OCMHN@dhhs.vic.gov.au for further information or advice