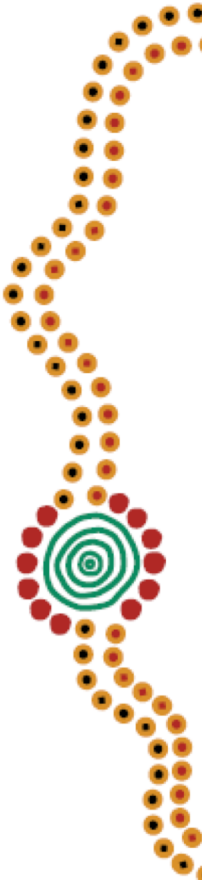




## Traditional Owners Acknowledgement

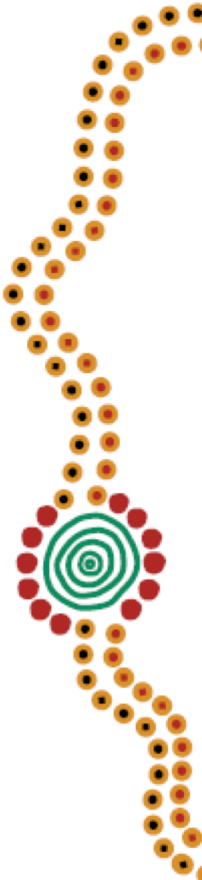
We would like to acknowledge the Traditional Custodians of the lands and waters on which we gather today, and pay our respects to their Elders past, present and emerging. We extend that respect to Aboriginal and Torres Strait Islander peoples here today.





# Wungen Kartup – Specialised Aboriginal Mental Health Service

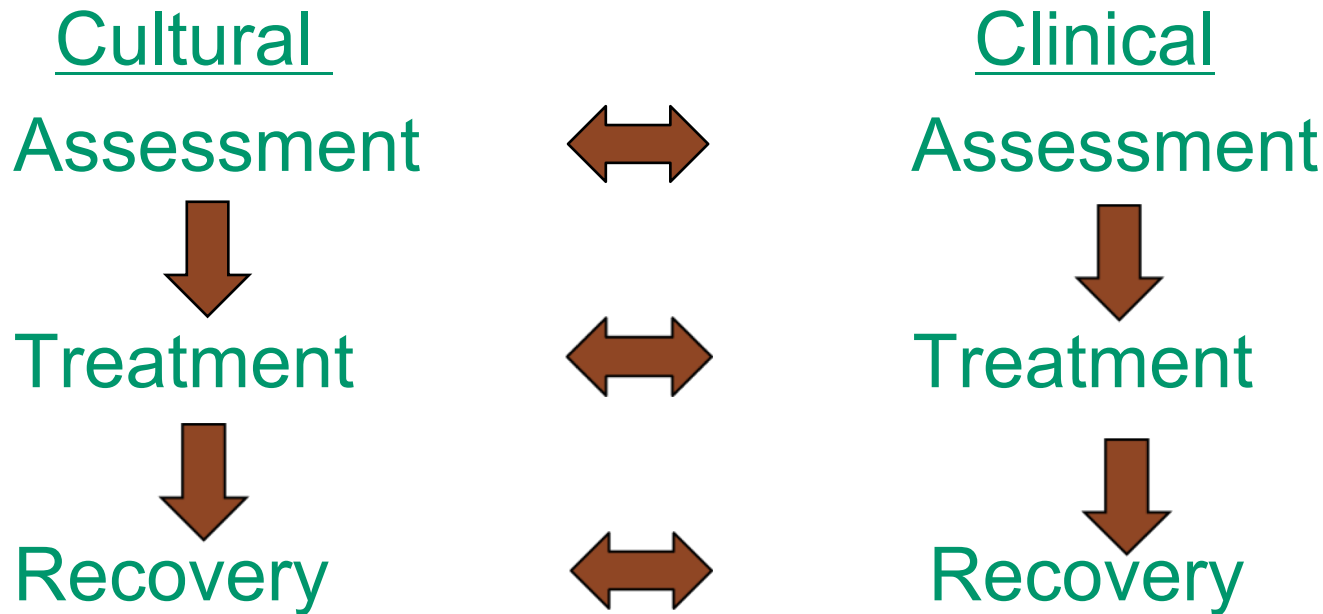
- Wungen Kartup “Place of Healthy Minds” in Noongar Language.
- Established in 2013
- Specialised Aboriginal Mental Health Service.
- Covering the whole of Perth Metropolitan area.
- Providing both Central Case Management and Cultural Liaison





# Model of Service Balancing the System

## CLIENT





The AIMhi Stay Strong App is a structured mental health and substance misuse intervention using Indigenous specific content and imagery in a computerised (iPad/Tablet app) format. The app assists healthcare workers to deliver a structured, evidence based, and culturally appropriate intervention to their Indigenous clients.



# PAPER VERSION

[illegible]

## PSOLIS VERSION



**My Stay Strong Plan**

People who help me are:

Things that help me stay strong are:

Things that take my strength away are:

My first goal is to

The first thing I will do is

I could also

Another thing I could do is

My second goal is to

The first thing I will do is

I could also

Another thing I could do is

**Congratulations!**

My next appointment with [Clinician] is on [Date and Time]

Wellbeing tips

Substance use tips

APP VERSION – AVAILABLE  
AS iOS AND ANDROID





# Future Directions

- Phase One
  - Integrate within Wungen Kartup's Model of Service
  - Develop Infrastructure, IT and Business Rules
  - Promote as a quality improvement process for better health outcomes.
- Phase Two – (proposed)
  - Establish across all health domains within Royal Perth Bentley Group



# ONLINE RESOURCES

- [Stay Strong App - Website Page iOS](#)
- [Demo Video](#)

Questions or Enquiries please email;

[mark.booth@health.wa.gov.au](mailto:mark.booth@health.wa.gov.au)

